



10 THINGS...



You WON'T see

You WILL see

Command style or "remote control" coaching	1	Guided Discovery approach. Giving the game to the players. Encouraging creative thinking.
A "Win at all cost" mentality where skillful play and patience are sacrificed for game results.	2	Patience and commitment to the bigger picture and long-term developmental process. Players first.
Players being afraid to fail or afraid to try.	3	Respecting the players' right to learn through trial and error, while focusing on player effort over result.
Expectation for players to specialize in soccer at an early age.	4	Freedom and encouragement to participate in other sports and activities.
The ball in the air all of the time. Kicking the ball over or past all teammates so they can chase it.	5	Players encouraged to stay calm and solve problems with creativity, confidence and thoughtfulness.
Players in only 1 position throughout their time in the program simply to win games.	6	Positional rotation for all players to gain experience in different roles and areas of the field.
Negative terminology and scare tactics. "Do this, or else."	7	Clear concise instruction providing players with Why, How, When and Where. Commitment to teaching.
Players running as a punishment.	8	A positive culture with clear expectations where players are creatively guided toward success.
Lines, Laps and "Drills"	9	Training designed for high activity and participation, providing an engaging and interactive environment.
Instructions and coaching coming from spectator side of the field.	10	Encouragement and positivity while players are both successful and unsuccessful.

YOU WILL DISCOVER

- Asking questions and guiding players towards a solution allows players to become curious about the answer. This helps them take ownership for the information and retain it in a way that helps them apply it to game situations creatively and confidently.
- An environment that emphasizes effort, creativity and skillful play ahead of game results allows players to be more adventurous while learning through trial and error. This promotes dynamic technical development.
- Trial and error allows the game to be another teacher. Players gain more confidence, comfort and creativity when they are not afraid to fail.
- Participating in other sports and activities helps young people become well rounded athletes and people, and it can even help with soccer.
- Playing the ball on the ground means more meaningful touches providing more opportunity to apply new skills. It also asks players to solve problems creatively.
- Giving players opportunities on different parts of the field helps them become more dynamic players with a better understanding of the game as a whole. It also provides them confidence in more positions when they reach the 11v11 game.
- When players are being taught and not told, they play faster and smarter by understanding how, why, when and where to execute and apply their newly learned skills.
- Players have more pride in their endurance and fitness if they aren't conditioned to feel it is a negative part of the game. Patience and assistance replace physical punishments.
- Players get more out of their time on the field when activities are designed to keep all players active, engaged, entertained and challenged. Using time and space efficiently helps create a high-tempo and exciting environment.
- Players who make the game their own develop into faster decision makers. When they are making their own decisions and learning through trial and error, they are actively involved in the learning process and progress faster.

